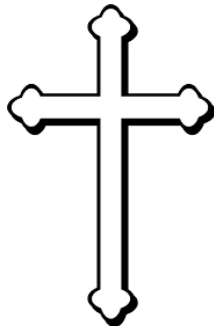


**THE OFFICE**  
of  
**SUNDAY VESPERS**  
**SECOND SUNDAY OF LENT**

*Roman Rite. Psalter : Week II*

Ordinary Form



EWTN



**EXPOSITION AND ADORATION  
OF THE MOST BLESSED SACRAMENT**

*O Salutaris Hostia*

O salutáris hóstia,  
Quæ cæli pandis óstium,  
Bella premunt hostília ;  
Da robur, fer auxiliium.

Uni trinóque Dómino  
Sit sempitérna glória :  
Qui vitam sine término  
Nobis donet in pátria.  
Amen.

O Saving Victim opening wide  
The gate of heav'n to man below :  
Our foes press on from every side ;  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three ;  
O grant us life that shall not end  
In our true native land with thee.  
Amen.

**SECOND SUNDAY OF LENT AT SECOND VESPERS**

*Psalter: Week II*

*A glimpse into the kingdom of God*

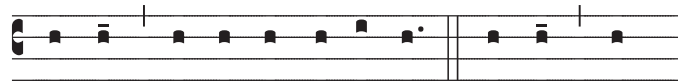
Vespers is the evening prayer of the Church. This is the hour of thanksgiving for the graces bestowed during the day of salvation that has just passed. In Sunday Vespers we review gratefully the history of God's kingdom in the Church and in individual souls. We see Christ our victorious King in his power (Ps 109), and the Church as a pilgrim, in the image of the Jewish people, setting out from the slavery of Egypt into the promised land (Ps 113 B). There are two principal objects to our Vesper prayers: thanksgiving, and new courage to continue our pilgrimage.

**OPENING VERSE**

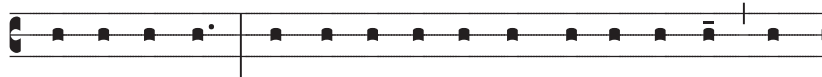
*Celebrant :*

*All :*

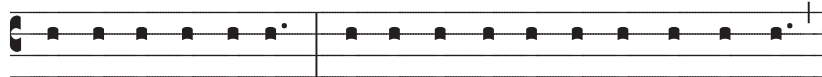
**O**



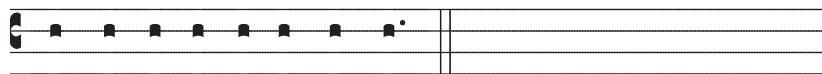
God, come to my as-sistance. *R.* O Lord, make



haste to help me. Glo-ry to the Fa-ther, and to the Son, and



to the Ho-ly Spir-it : as it was in the be-gin-ning, is now,



and will be for ev-er. A-men.

- A -

HYMN

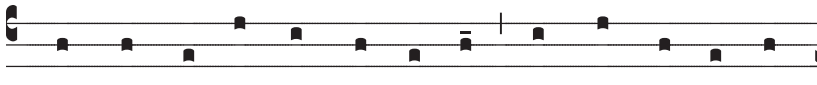
St. Gregory the Great. 540-604


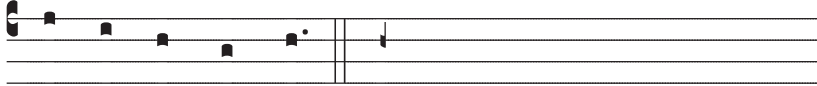
*Audi, benigne Conditor.* (L.M.)

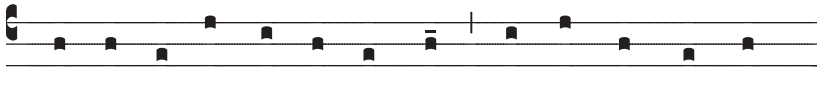
II

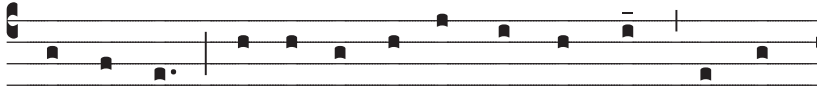
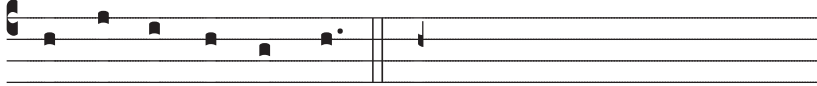


*Cantor :* **O** mer- ci- ful Cre- a- tor, hear! To us in pit- y  
bow thine ear: Ac-cept the tear-ful prayer we raise In this  
  
our fast of for- ty days.



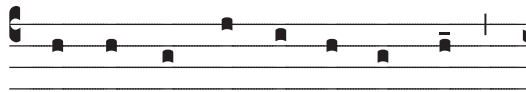
*All :* 2. Our hearts are o- pen, Lord, to thee; Thou know-est our in-  
  
firm- i- ty; Pour out on all who seek thy face A- bun-dance  
  
of thy par-d'ning grace.



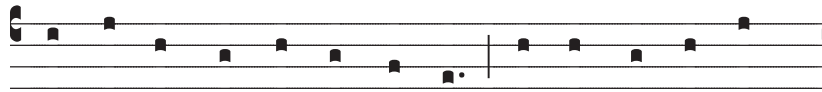
*Cantor :* 3. Our sins are man- y, this we know; Spare us, good Lord, thy  
  
mer- cy show; And for the hon- or of thy Name Our faint-  
  
ing souls to life re- claim.



*All :* 4. Give us the self-con-trol that springs From dis-ci-pline of  
 out-ward things, That fast-ing in-ward, se-cret-ly, The soul  
 may pure-ly dwell with thee.



*Cantor :* 5. We pray thee, Ho-ly Trin-i-ty,



*All :* One God, un-chang-ing U-ni-ty, That we, from this our  
 ab-sti-nence May reap the fruits of pen-i-tence. A-men.

## - B -

*Cantor :* 1. O merciful Creator, hear!  
 To us in pity bow thine ear:  
 Accept the tearful prayer we raise  
 In this our fast of forty days.

*All :* 2. Our hearts are open, Lord, to thee;  
 Thou knowest our infirmity;  
 Pour out on all who seek thy face  
 Abundance of thy pard'ning grace.

*Cantor :* 3. Our sins are many, this we know;  
 Spare us, good Lord, thy mercy show;

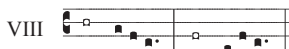
And for the honor of thy Name  
 Our fainting souls to life reclaim.

*All :* 4. Give us the self-control that springs  
 From discipline of outward things,  
 That fasting inward, secretly  
 The soul may purely dwell with thee.

*Cantor :* 5. We pray thee, Holy Trinity,

*All :* One God, unchanging Unity,  
 That we, from this our abstinence  
 May reap the fruits of penitence. Amen.

## ANTIPHON I



*Cantor* : In holy splendor the Lord | *will send forth* \*  
your mighty scep- | *ter from Zi-on.*

### Psalm 109

#### King and Priest

*A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration; for Christ has applied these words of prophecy to himself.*

*Christ's reign will last until all his enemies  
are made subject to him (1 Corinthians 15 : 25)*

#### Appointed King by God

*Cantor* : The Lord's revelation to my Master : /  
“ Sit | *on my right* : \*  
your foes I will put be- | *neath your feet.* ”

*All* : The Lord will wield from Sion your scep- | *ter of pow-er* : \*  
rule in the midst of | *all your foes.*

*Cantor* : A prince from the day of your birth on the | *ho-ly moun-tains* ; \*  
from the womb before the dawn | *I be-got* you.

#### Appointed Priest by God

*All* : The Lord has sworn an oath he will not change. /  
“ You are a | *priest for ev-er*, \*  
a priest like Melchize- | *dek of old.* ”

#### Conqueror and Judge in God

*Cantor* : The Master standing | *at your right* hand \*  
will shatter kings in the day of | *his great wrath.*

*All* : He shall drink from the stream | *by the way-side* \*  
and therefore he shall lift | *up his head.*

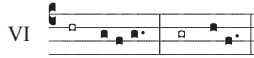
#### Doxology

*Cantor* : Glory to the Father, and | *to the Son*, \*  
and to the | *Ho-ly Spir-it* :

*All* : as it was in the begin- | *ning, is now*, \*  
and will be for ev- | *er. A-men.*

## ANTIPHON

*All* : In holy splendor the Lord | *will send forth* \*  
your mighty scep- | *ter from Zi-on.*



## ANTIPHON 2

*Cantor* : We worship the | *one true God* \*  
who made heaven | *and earth*.

## Psalm 113 B

### Praise of the true God

*This Psalm dates from the time of the exile, and sets out to strengthen our trust in God who alone can help us, and our contempt of idols. In our prayers, this means God in his procession through the earth. Along the path, the idols of the world are beckoning to us: riches, pleasure, honor power. We renounce the devil and all his works.*

*We have renounced idol worship  
to serve the living and true God (1 Thessalonians 1 : 9)*

### God alone be praised

*Cantor* : Not to us, Lord, | *not to us*, \*  
but to your name give | *the glo-ry*.

*All* : for the sake of your love | *and your truth*, \*  
lest the heathen say : / “ Where is | *their God* ? ”

### God and idols

*Cantor* : But our God is | *in the heav-ens* ; \*  
he does whatever | *he wills*.

*All* : Their idols are sil- | *ver and gold*, \*  
the work of hu- | *man hands*.

*Cantor* : They have mouths but they | *can-not speak* ; \*  
they have eyes but they can- | *not see* ;

*All* : they have ears but they | *can-not hear* ; \*  
they have nostrils but they can- | *not smell*.

*Cantor* : With their hands they cannot feel ; /  
with their feet they | *can-not walk*. \*  
No sound comes from | *their throats*.

*All* : Their makers will come to | *be like them* \*  
and so will all who trust | *in them*.

### Song of blessing

*Cantor* : Sons of Israel, trust | *in the Lord* ; \*  
he is their help and | *their shield*.



*All* : Sons of Aaron, trust | *in the Lord* ; \*  
 he is their help and | *their shield*.

*Cantor* : You who fear him, trust | *in the Lord* ; \*  
 he is their help and | *their shield*.

*All* : He remembers us, and he will bless us ; /  
 he will bless the | *sons of Is-ra-el*. \*  
 He will bless the sons | *of Aar-on*.

*Cantor* : The Lord will bless | *those who fear* him, \*  
 the little no less than | *the great* :

*All* : to you may the | *Lord grant in-crease*, \*  
 to you and all | *your child-ren*.

*Cantor* : May you be blest | *by the Lord*, \*  
 the maker of heaven | *and earth*.

*All* : The heavens belong | *to the Lord* \*  
 but the earth he has given | *to men*.

*Cantor* : The dead shall not | *praise the Lord*, \*  
 nor those who go down into | *the si-lence*.

*All* : But we who live | *bless the Lord* \*  
 now and for ever. | *A-men*.

#### Doxology

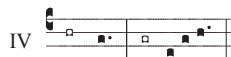
*Cantor* : Glory to the Father, and | *to the Son*, \*  
 and to the Ho- | *ly Spir-it* :

*All* : as it was in the begin- | *ning, is now*, \*  
 and will be for ev-er. | *A-men*.

#### ANTIPHON

*All* : We worship the | *one true God* \*  
 who made heaven | *and earth*.

### ANTIPHON 3



*Cantor* : God did not spare his own | **Son** \*  
but gave him up | *for us all*.

#### CANTICLE

1 Peter 2:21-24

#### The willing acceptance of his passion by Christ, the servant of God

*Cantor* : Christ suffered for you, and left you an ex- | **am-ple** \*  
to have you follow | *in his foot-steps*.

*All* : He did no | **wrong**; \*  
no deceit was found | *in his mouth*.

*Cantor* : When he was in- | **sult-ed**, \*  
he re- | *turned no in-sult*.

*All* : When he was made to | **suf-fer**, \*  
he did not coun- | *ter with threats*.

*Cantor* : Instead he delivered himself | **up** \*  
to the One who | *judg-es just-ly*.

*All* : In his own | **bod-y** \*  
he brought your sins | *to the cross*,

*Cantor* : so that all of us, dead to sin, /  
could live in accord with God's | **will**. \*  
By his wounds | *you were healed*.

#### Doxology

*All* : Glory to the Father, and to the | **Son**, \*  
and to the | *Ho-ly Spir-it* :

*Cantor* : as it was in the beginning, is | **now**, \*  
and will be for ev- | *er. A-men*.

#### ANTIPHON

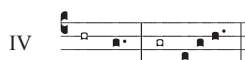
*All* : God did not spare his own | **Son** \*  
but gave him up | *for us all*.

**READING**

I *Corinthians* 9:21-25

While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

**RESPONSORY**



*Cantor* : Listen to us, O Lord, and have | **mer-cy**, \*  
for we have | *sinned a-gainst* you.

*All* : Listen to us, O Lord, and have | **mer-cy**, \*  
for we have | *sinned a-gainst* you.

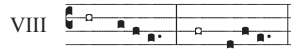
*Cantor* : Christ Jesus, / hear our humble pe- | **ti-tions**, \*

*All* : for we have | *sinned a-gainst* you.

*Cantor* : Glory to the Father, and to the | **Son**, \*  
and to the | *Ho-ly Spir-it* :

*All* : Listen to us, O Lord, and have | **mer-cy**, \*  
for we have | *sinned a-gainst* you.

## ANTIPHON. AT MAGNIFICAT



*Cantor* : Tell no one about the vision | *you have seen* \*  
until the Son of Man has risen | *from the dead*.

## Magnificat

*The cantor begins and alternates verses with the congregation :*

### Canticle of the Blessed Virgin Mary Lk 1: 46-55

- Cantor* : 1. My soul ✠ proclaims the greatness | *of the Lord*, \*  
my spirit rejoices in | *God my Sav-ior*.
- All* : 2. for he has | *looked with fa-vor* \*  
on his | *low-ly ser-vant*.
- Cantor* : 3. From this day all | *gen-er-a-tions* \*  
will | *call me bless-ed* :
- All* : 4. the Almighty has done great | *things for me*, \*  
and holy | *is his Name*.
- Cantor* : 5. He has mercy on | *those who fear him* \*  
in every | *gen-er-a-tion*.
- All* : 6. He has shown the strength | *of his arm*, \*  
he has scattered the proud in | *their con-cept*.
- Cantor* : 7. He has cast down the mighty | *from their thrones*, \*  
and has lifted | *up the low-ly*.
- All* : 8. He has filled the hungry | *with good things*, \*  
and the rich he has sent | *a-way emp-ty*.
- Cantor* : 9. He has come to the help of his | *ser-vant Is-ra-el* \*  
for he has remembered his prom- | *ise of mer-cy*,
- All* : 10. the promise he made | *to our fa-thers*, \*  
to Abraham and his child- | *ren for ev-er*.
- Cantor* : 11. Glory to the Father, and | *to the Son*, \*  
and to the | *Ho-ly Spir-it* :
- All* : 12. as it was in the begin- | *ning, is now*, \*  
and will be for ev- | *er. A-men*.

## ANTIPHON

*All* : Tell no one about the vision | *you have seen* \*  
until the Son of Man has risen | *from the dead*.

## INTERCESSIONS



*Celebrant* : Let us give thanks continually to Christ, our teacher and our head,  
who came to serve and to do good to all.  
In humility and confidence let us | **ask** him:

*All* : Come, Lord, to visit | *your fam-il-y*.

*Cantor* : Lord, be present to the bishops and priest of your Church,  
who share your role as head and shepherd,  
— may they lead your people to the Father under your | **guid-ance**.

*All* : Come, Lord, to visit | *your fam-il-y*.

*Cantor* : May your angel be with all who travel,  
— to keep them safe in soul and | **bod-y**.

*All* : Come, Lord, to visit | *your fam-il-y*.

*Cantor* : Teach us to serve the needs of others,  
— and to be like you, who came to serve, not to be | **served**.

*All* : Come, Lord, to visit | *your fam-il-y*.

*Cantor* : Grant that in the human family,  
brother may always help brother,  
— so that, with your assistance, it may be a city compact and | **strong**.

*All* : Come, Lord, to visit | *your fam-il-y*.

*Cantor* : Have mercy on all the dead,  
— bring them to the vision of your | **glo-ry**.

*All* : Come, Lord, to visit | *your fam-il-y*.

*Celebrant* : Our Father . . .

*Celebrant* : O God, who have commanded us  
to listen to your beloved Son,  
be pleased, we pray,  
to nourish us inwardly by your word, \*  
that with spiritual sight made pure  
we may rejoice to behold your glory.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit, one God, \*  
for ever and ever.

*All* : Amen.

*Vespers concludes with Benediction of the Most Blessed Sacrament.*

**BENEDICTION  
OF THE MOST BLESSED SACRAMENT**

*Tantum ergo Sacramentum*

<p>Tantum ergo Sacramentum Veneremur cernui ; Et antiquum documentum Novo cedat ritui ; Præstet fides supplementum Sensuum defectui.</p> <p>Genitori, Genitrici Laus et iubilatio, Salus, honor, virtus, quoque Sit et benedictio : Procedenti ab utroque Compar sit laudatio. Amen.</p> <p>℣. Panem de cælo præstitisti eis (T. P. alleluia). ℞. Omne delectamentum in se habentem (T. P. alleluia).</p>	<p>Therefore we, before him bending, This great Sacrament revere ; Types and shadows have their ending, For the newer Rite is here ; Faith, our outward sense, befriending, Makes the inward vision clear.</p> <p>Glory let us give and blessing, To the Father and the Son ; Honor, might, and praise addressing, While eternal ages run ; Ever too his love confessing, Who from Both, with Both, is One. Amen.</p> <p>℣. You have given them bread from <b>heaven</b> (P.T. alleluia). ℞. Having all sweetness <b>within</b> it (P.T. alleluia).</p>
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**Oratio**

*Oremus.*

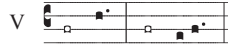
**D**EUS, qui nobis sub sacramento mirabili, passionis tuæ memoriam reliquisti : \* tribue, quæsumus, ita nos Corporis et Sanguinis tui sacra mysteria venerari ; ut redemptionis tuæ fructum in nobis iugiter sentiamus : Qui vivis et regnas in sæcula sæculorum. ℞. Amen.

**Prayer**

*Let us pray.*

**O** God, who in this wonderful Sacrament have left us a memorial of your Passion, \* grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. ℞. Amen.

## The Divine Praises



- Cantor* : Blessed be | **God**. \*  
Blessed be his ho- | *ly Name*.
- All* : Blessed be Jesus Christ, / true God and true | **man**. \*  
Blessed be the Name | *of Je-sus*.
- Cantor* : Blessed be his most Sacred | **Heart**. \*  
Blessed be his most Pre- | *cious Blood*.
- All* : Blessed be Jesus in the most holy Sacrament of the | **Al-tar**. \*  
Blessed be the Holy Spirit, | *the Par-aclete*.
- Cantor* : Blessed be the great Mother of God, / Mary most | **ho-ly**. \*  
Blessed be her holy and Immaculate | *Con-cep-tion*.
- All* : Blessed be her glorious As- | **ump-tion**. \*  
Blessed be the name of Mary, / Virgin | *and Moth-er*.
- Cantor* : Blessed be Saint | **Jo-seph**, \*  
her most | *chaste spouse*.
- All* : Blessed be | **God** \*  
in his angels and in | *his saints*.

### *Holy God, We Praise Thy Name*

Holy God, we praise thy Name ;	Hark ! The loud celestial hymn
Lord of all, we bow before thee ;	Angel choirs above are raising ;
All on earth thy scepter 'claim ;	Cherubim and seraphim,
All in heav'n above adore thee ;	In unceasing chorus praising,
Infinite thy vast domain ;	Fill the heav'ns with sweet accord :
Everlasting is thy reign.	Holy, holy, holy Lord.

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*Chant settings prepared by*

Fr. Samuel F. Weber, O.S.B.  
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