

## JESUS SAID – *Episode 4: Who is Jesus?*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – Jesus said, “But who do you say that I am?” Confronted face to face by Jesus, how would we answer that question?

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. Who do you believe Jesus is: A great religious leader? The founder of the Catholic Church? The greatest moral teacher who ever lived? or as St. Thomas said: “My Lord and my God?” Who do you say that Jesus is?
2. How is this belief impacting your life at home, work, at Church and in the community?
3. St. Paul had to make changes to get to know Jesus in a personal way. Read Philippians 3:7-11. What were those changes? What changes do you need to make to know Christ in a personal, experiential way?
4. How do you think that by reading the Gospels, it would be helpful to your overall well-being? How would your reading of the Gospels be beneficial to building a more intimate relationship with Jesus Christ?
5. Why do you think that Jesus wants to be Lord of our lives? What do you think prevents us from giving Him our all?
6. Recall what was the most powerful personal experience you had in your life concerning the Lordship of Jesus? How did this experience change your life?

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. What does it mean to say that Jesus is Lord?
2. Col 1:15-20. Image of the invisible God.
3. Have a personal relationship with Christ.

Complete your **Personal Action Item**. 

### **Scripture References**

Matthew 16:13, 15  
Philippians 2:9-11  
Philippians 3:7-11

Luke 6:46  
Colossians 1:15-20

### **Coaching Tips**

“You either belong wholly to the world or wholly to God.”  
~ *St. John Vianney*

“Sometimes the only way the good Lord can get into some hearts is to break them.” ~ *Bishop Fulton J. Sheen*

“Grant me, O Lord my God, a mind to know You, a heart to seek You, wisdom to find You, conduct pleasing to You, faithful perseverance in waiting for You and a hope of finally embracing You.” ~ *St. Thomas Aquinas*

“...at the heart of catechesis we find, in essence, a Person, the Person of Jesus of Nazareth, “the only Son from the Father...full of grace and truth,” who suffered and died for us and who now, after rising, is living with us forever. It is Jesus who is “the way, the truth and the life,” and Christian living consists in following Christ...” ~ *Saint Pope John Paul II, Apostolic Exhortation, Catechesi Tradendae*

“Christianity is not a new philosophy or a new morality. We are Christians only if we encounter Christ... Only in this personal relationship with Christ, only in this encounter with the Risen One do we really become Christians.” ~ *Pope Benedict XVI, Vatican City, Sept. 3, 2008*

“Our knowledge of Jesus is in need above all of a living experience: Another person’s testimony is certainly important, as in general the whole of our Christian life begins with the proclamation that comes to us from one or several witnesses. But we ourselves must be personally involved in an intimate and profound relationship with Jesus.” ~ *Pope Benedict XVI, Rome, Oct. 4, 2006*

### **Catechism Connection**

**430** Jesus means in Hebrew: “God saves.” At the annunciation, the angel Gabriel gave him the name Jesus as his proper name, which expresses both his identity and his mission. Since God alone can forgive sins, it is God who, in Jesus his eternal Son made man, “will save his people from their sins.” In Jesus, God recapitulates all of his history of salvation on behalf of men.

See Also: **1, 535, 539**

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*