

JESUS SAID – *Episode 1: God is Able!*



Team Member Name: _____ Date: _____

Game Strategy – Jesus said to the blind man who asked that he might see, “Do you believe that I am able to do this?” Question is, do we believe He is able?

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. When we go to God in prayer and ask Him to accomplish something for us, do we truly believe, in our hearts, that He is ready, willing and able to do this? Or do we doubt? Explain.
2. Why would you ever doubt what God says He will do? Read Ephesians 3:20-21. What do you think these verses say about you and prayer?
3. Has there been a particular occasion in your life when you went to the Lord in need and He answered your prayer? Explain.
4. I have had occasions in my life when I began to doubt the Lord because my prayer wasn't answered right away (my time frame). Can you cite a time or times when you doubted whether the Lord was really going to answer your prayer?
5. Why do you think that you and I sometimes doubt that the Lord will answer our prayers? How do you think you can improve in your trust of the Lord?
6. What do you think the Lord's reaction is when you come before Him in prayer? Why do you think He enjoys answering our prayers?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. God is able to act in your life.
2. Christ overcame all obstacles.
3. Ask the Holy Spirit to help you.

Complete your **Personal Action Item**. 

Scripture References

Matthew 9:28-29
2 Corinthians 9:8-10
Ephesians 3:20-21
1 Corinthians 10:13

Matthew 10:28
2 Corinthians 1:3-4
Romans 4:20-22

Coaching Tips

Through God all things are able. He provides for us, He saves us, He forgives us.

“Don’t measure yourself by what you have accomplished, but by what you should have accomplished with your ability.”

~ *John Wooden*

Catechism Connection

2572 As a final stage in the purification of his faith, Abraham, “who had received the promises,” is asked to sacrifice the son God had given him. Abraham’s faith does not weaken (“God himself will provide the lamb for a burnt offering.”), for he “considered that God was able to raise men even from the dead.” And so the father of believers is conformed to the likeness of the Father who will not spare his own Son but will deliver him up for us all. Prayer restores man to God’s likeness and enables him to share in the power of God’s love that saves the multitude.

2610 Just as Jesus prays to the Father and gives thanks before receiving his gifts, so he teaches us *filial boldness*: “Whatever you ask in prayer, believe that you receive it, and you will.” Such is the power of prayer and of faith that does not doubt: “all things are possible to him who believes.” Jesus is as saddened by the “lack of faith” of his own neighbors and the “little faith” of his own disciples as he is struck with admiration at the great faith of the Roman centurion and the Canaanite woman.

2634 Intercession is a prayer of petition which leads us to pray as Jesus did. He is the one intercessor with the Father on behalf of all men, especially sinners. He is “able for all time to save those who draw near to God through him, since he always lives to make intercession for them.” The Holy Spirit “himself intercedes for us... and intercedes for the saints according to the will of God.”

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...