

SHOCKING CLAIMS OF JESUS – *Episode 1: Repent and Believe*



Team Member Name: _____ Date: _____

Game Strategy – Jesus came to destroy the power of the devil. It’s no wonder Satan doesn’t want us to see the Glory of Christ.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. What is repentance? What does it mean to repent?
2. Why do you think that in the Scriptures, Jesus puts such an emphasis on our repentance?
3. What do you think are the benefits of true repentance?
4. Once you have repented and been forgiven in Confession how did/do you feel emotionally? Spiritually?
5. Jesus says, “This is the time of fulfillment and the Kingdom of God is at hand.” What do you think He means by this?
6. Do you live your life as though the Kingdom of God is at hand? If so, in what ways? If not, why?
(Romans 14:7)
7. Why do you think Jesus tells us to believe in the Gospels? What are the benefits of believing?
(John 3:15, 18, 36; John 5:24; John 20:31)

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Have I given EVERYTHING to Jesus?
2. Read and reflect on Philippians 3:8.
3. To know Jesus you have to read His Word. Read the readings for Mass before you go to Mass.

Complete your **Personal Action Item**. 

Scripture References

Mark 1:14-15

John 5:24

Romans 14:7

John 20:31

John 3:15,18,36

Philippians 3:8

Coaching Tips

If we look at the world different than Jesus does then we are wrong and need correction.

Jesus elicited three responses from people: hate, terror, and worship. - *C.S. Lewis*

If you believe what you like in the gospels, and reject what you don't like, it is not the gospel you believe, but yourself. - *Saint Augustine*

Catechism Connection

1033 We cannot be united with God unless we freely choose to love him. But we cannot love God if we sin gravely against him, against our neighbor or against ourselves: "He who does not love remains in death. Anyone who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him." Our Lord warns us that we shall be separated from him if we fail to meet the serious needs of the poor and the little ones who are his brethren. To die in mortal sin without repenting and accepting God's merciful love means remaining separated from him forever by our own free choice. This state of definitive self-exclusion from communion with God and the blessed is called "hell."

1427 Jesus calls to conversion. This call is an essential part of the proclamation of the kingdom: "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel." In the Church's preaching this call is addressed first to those who do not yet know Christ and his Gospel. Also, Baptism is the principal place for the first and fundamental conversion. It is by faith in the Gospel and by Baptism that one renounces evil and gains salvation, that is, the forgiveness of all sins and the gift of new life.

1864 "Therefore I tell you, every sin and blasphemy will be forgiven men, but the blasphemy against the Spirit will not be forgiven.: There are no limits to the mercy of God, but anyone who deliberately refuses to accept his mercy by repenting, rejects the forgiveness of his sins and the salvation offered by the Holy Spirit. Such hardness of heart can lead to final impenitence and eternal loss.

See Also: **166, 167, 1989**

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...