

## BECOMING DISCIPLES – *Episode 8: Mission Starts With Me*



Team Member Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Game Strategy** – Men, we are on an urgent mission. Our recent Popes have made it clear. “Compelled by love, the mission of making disciples must begin with me.”

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

### **Pregame Film Study**

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

**Huddle Up** – Use these questions for personal reflection to share with your team at the workout.

### **Warm-up Questions:**

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

### **Workout Questions:**

1. What does spreading the gospel mean to you? From where do you think our desire and motivation to spread the gospel originates?
2. Why are we so open to spreading news concerning sports, politics, business, etc., even gossip, but we are hesitant to spread the word about our faith?
3. St. Francis of Assisi is reported to have said, "We should always proclaim the Gospel and use words when necessary." What does this mean to you?
4. If you truly believe in Jesus Christ and the teachings of His Holy Catholic Church, then why wouldn't you want to spread the good news?
5. List some things that you think prevent you and many other men from feeling comfortable about spreading the word of God?
6. The CTG Team mentioned that spreading the word of God is really a “team” effort. What does that statement mean?

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**Team Workout Plan** - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

**Postgame Recap** - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. To follow Jesus involves living as He lived.
2. “Go set the world on fire.” – St. Ignatius of Loyola
3. Have your friends watch the CTG show.

Complete your **Personal Action Item**. 

### **Scripture References**

John 3:16	Matthew 28:18-20
Matthew 5:14-16	Luke 14:27
2 Timothy 2:2	Mark 3:13-15

### **Coaching Tips**

How can we witness the Gospel?

Family	Find some friends
Team Sport	Live it

“To be Christian means to be missionaries, to be Apostles. It is not enough to discover Christ. You must bring Him to others! You must have the courage to speak about Christ, to bear witness to your faith through a lifestyle inspired by the Gospel.” ~ *Pope St. John Paul II*

“To follow Jesus involves living as He lived, accepting His message, adopting His way of thinking, embracing His destiny and sharing in His project, which is the plan of the Father: It involves inviting everything into communion with the Trinity and having the burning desire to invite others to encounter the One whom we have encountered. This is the start of the evangelizing mission of the whole Church.”  
~ *Pope St. John Paul II*

### **Catechism Connection**

**1877** The vocation of humanity is to show forth the image of God and be transformed into the image of the Father's only Son. This vocation takes a personal form since each of us is called to enter into the divine beatitude; it also concerns the human community as a whole.

**1879** The human person needs to live in society. Society is not for him an extraneous addition but a requirement of his nature. Through the exchange with others, mutual service and dialogue with his brethren, man develops his potential; he thus responds to his vocation.

**2226** *Education in the faith* by the parents should begin in the child's earliest years. This already happens when family members help one another to grow in faith by witness of a Christian life in keeping with the Gospel. Family catechisms precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God. The parish is the Eucharistic community and the heart of the liturgical life of Christian families; it is a privileged place for the catechesis of children and parents.

### **Personal Action Item**

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

*I commit to becoming spiritually fit by...*