

BECOMING DISCIPLES – *Episode 7: Go Make Disciples*



Team Member Name: _____ Date: _____

Game Strategy – Men, it's not enough to be disciples ourselves. Jesus gave us a direct command, a great commission to go out and make disciples of all nations.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. Just before he ascended into Heaven Jesus instructed his disciples to go out into the entire world and preach the gospel (Mark 16:15). What exactly do you think he wanted these common ordinary men to do?
2. Since this was such a huge task, where do you think the disciples received the strength and energy to take on this mission?
3. In today's Catholic Church, do you think that one of our main missions is to evangelize? What are some ways that you think that this can be accomplished?
4. Saint John Paul II and Pope Benedict XVI have both strongly encouraged the laity to take up the Church's call to evangelize. What do you think they mean by this statement? What is your understanding of evangelization?
5. In what ways do you think that you are called to evangelize? Who do you think that you are called to personally evangelize? How can you accomplish this task?
6. Many Catholic men feel intimidated by the thought of evangelizing. What are some of the obstacles that have prevented you from answering God's call to help the Church evangelize? Do you feel that each and every Catholic has a responsibility to evangelize?
7. Statistics show that approximately 25-30% of Catholics in the U.S. attend Sunday Mass on a regular basis and the percentage of men is even lower. What are some of the ways that you can encourage other men to come back to the Catholic faith?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. We cannot be content when we consider those who live in ignorance of the love of God.
2. Prove to be my disciples. John 15:8
3. Get into a men's group.

Complete your **Personal Action Item**. 

Scripture References

Acts 1:4-5, 8

Acts 2:32-38

Mark 16:14-20

John 15:8

Coaching Tips

“No believer in Christ, no institution of the Church can avoid this supreme duty: to proclaim Christ to all peoples” ~ *Pope Saint John Paul II, Redemptoris Missio, no. 3*

“To this end, it is more necessary than ever for all the faithful to move from a faith of habit, sustained perhaps by social context alone, to a faith which is conscious and personally lived. The renewal of faith will always be the best way to lead others to the Truth that is Christ” ~ *Pope Saint John Paul II*

Catechism Connection

863 The whole Church is apostolic, in that she remains, through the successors of St. Peter and the other apostles, in communion of faith and life with her origin: and in that she is "sent out" into the whole world. All members of the Church share in this mission, though in various ways. "The Christian vocation is, of its nature, a vocation to the apostolate as well." Indeed, we call an apostolate "every activity of the Mystical Body" that aims "to spread the Kingdom of Christ over all the earth."

737 The mission of Christ and the Holy Spirit is brought to completion in the Church, which is the Body of Christ and the Temple of the Holy Spirit. This joint mission henceforth brings Christ's faithful to share in his communion with the Father in the Holy Spirit. The Spirit *prepares* men and goes out to them with his grace, in order to draw them to Christ. . . He *makes present* the mystery of Christ, supremely in the Eucharist, in order to reconcile them, to *bring them into communion* with God, that they may "bear much fruit."

2226 *Education in the faith* by the parents should begin in the child's earliest years. This already happens when family members help one another to grow in faith by the witness of a Christian life in keeping with the Gospel. Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God. The parish is the Eucharistic community and the heart of the liturgical life of Christian families; it is a privileged place for the catechesis of children and parents.

See Also: **873**

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...