

OUR FATHER -- *Episode Seven: Lead Us Not Into Temptation*



Team Member Name: _____ Date: _____

Game Strategy – Sometimes we try to fool ourselves into thinking we can manage sin. We'll only go so far, right? Not a good idea. We need to stay out of sin or sin will do us in.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. David the king was tempted by a glance that led him to sin. What are some of the other devices which the devil uses to tempt you to fall into sin? (An example might be money)
2. In the news, we hear on a regular basis, how prominent figures in our society fall prey to temptation. What is your reaction to that? Why?
3. When you are tempted, what are some of the ways to help prevent you from falling into sin? See James 1:13-15; James 4:7 and 1 Corinthians 10:12-13.
4. What is the biggest temptation that you are currently facing? What steps are you taking to help combat this temptation?
5. The Holy Spirit is our protection against the temptation of the devil. What are some other spiritual resources of the Catholic Church which can be helpful to you in avoiding the near occasion of sin?
6. Why do you think gathering as a team of Christian men on a weekly basis is beneficial in the struggle with temptation? Read Ecclesiastes 4:9-12.

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. The Lord will fight for you.
2. Read the Gospel of John and Proverbs.
3. When you are tempted, run to Jesus!

Complete your **Personal Action Item**.



Scripture References

Luke 4:1-13

Romans 6:12-14

Hebrews 12:4-6

James 1:12-15

James 4:7

1 Corinthians 10:12-13

Ecclesiastes 4:9-12

Coaching Tips

When tempted, invoke your Angel. He is more eager to help you than you are to be helped! Ignore the devil and do not be afraid of him: He trembles and flees at the sight of your Guardian Angel. - *St. John Bosco*

Catechism Connection

2846 This petition goes to the root of the preceding one, for our sins result from our consenting to temptation; we therefore ask our Father not to “lead” us into temptation. It is difficult to translate the Greek verb used by a single English word: the Greek means both “do not allow us to enter into temptation” and “do not let us yield to temptation.” “God cannot be tempted by evil and he himself tempts no one” on the contrary, he wants to set us free from evil. We ask him not to allow us to take the way that leads to sin. We are engaged in the battle “between flesh and spirit”; this petition implores the Spirit of discernment and strength.

2848 “Lead us not into temptation” implies a *decision of the heart*: “For where your treasure is, there will your heart be also.... No one can serve two masters.” “If we live by the Spirit, let us also walk by the Spirit.” In this assent to the Holy Spirit the Father gives us strength. “No testing has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your strength, but with the temptation will also provide the way of escape, so that you may be able to endure it.”

2849 Such a battle and such a victory become possible only through prayer. It is by his prayer that Jesus vanquishes the tempter, both at the outset of his public mission and in the ultimate struggle of his agony. In this petition to our heavenly Father, Christ unites us to his battle and his agony. He urges us to *vigilance* of the heart in communion with his own. Vigilance is “custody of the heart,” and Jesus prayed for us to the Father: “Keep them in your name.” The Holy Spirit constantly seeks to awaken us to keep watch. Finally, this petition takes on all its dramatic meaning in relation to the last temptation of our earthly battle; it asks for *final perseverance*. “Lo, I am coming like a thief! Blessed is he who is awake.”

See Also: **2847**

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...