**Social Media Posts (Seven Last Words)**

**Facebook**

*Quote posts [use an image with a quote from the tool kit download]:*

**Post Image 1 w/quote**

**“We learn how to be able to forgive by looking at Jesus on the Cross.”**

Encounter the suffering Jesus in a personal way through “The Seven Last Words” EWTN Online Learning Series, a video meditation series on Jesus’ final words from the Cross.

Get free access to the online videos and study guide at [ewtn.com/sevenlastwords](https://learningseries.ewtn.com/course/7lastwords)

**Post Image 2**

**“Forgiveness is really a choice. I choose to forgive. I choose to pray for that very person who hurt me. I choose to treat them with charity. … That’s what Jesus did.”**

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**Post Image 3**

**“Jesus is the one who can teach us to do what is impossible, to forgive the unforgivable.”**

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**Basic informational 1**

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**Longer Informational 1**

Jesus spoke seven times while hanging in agony on the Cross. Why did He say those words? What do they mean for us today? EWTN invites you to keep watch with Christ this Lent. Let Jesus speak those words to *you* in a seven-part video series with EWTN Chaplain, Fr. Joseph Mary Wolfe, MFVA.

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**Instagram**

*Quote posts [use an image with a quote from the tool kit download]*

**Post Image 1**

**“Our salvation is not something we achieve. It’s looking to Jesus and saying, ‘Jesus, remember me when You come into Your kingdom. Save me because I have sinned against You.’”**

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**Post Image 2**

**“The gift of the Eucharist, the gift of the Mass – that is the great treasure that you and I have.”**

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**Post Image 3**

**“We can unite the sufferings of our life with Jesus’ perfect offering, and He allows us a dignity to share in His work of redemption, His work of helping other souls through making an offering.”**

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**Post Image 4**

**“We cannot live without the Lord.”**

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